acting on the skin or hair, wherein said sheet comprises a modulus of from 1 to 2000 cN/10 mm when the sheet is stretched by 50%.

- 2. (Amended) The sheet according to Claim 1, wherein said sheet comprises no adhesive layer other than the sheet itself containing the ingredients (A) and (B).
- 3. (Amended) The sheet according to Claim 1, wherein the ingredient (A) is a polyolefin resin.
- 4. (Amended) The sheet according to Claim 1, wherein the medical ingredient (B) is at least one member selected from the group consisting of a moisturizer, a whitening agent, a UV absorber, a slimming agent, a circulation promoter, an astringent, an anti-inflammatory agent, a wrinkle-formation preventive agent, an ameliorating agent, a cooling agent, a warming agent, a hair remover, a hair growing agent, a hair-growth regulating agent, and a hair nourishing agent.—

Please add the following claims:

- --6. (New) The sheet according to Claim 1, wherein said thermoplastic resin (A) is at least one member selected from the group consisting of low-density polyethylene, high-density polyethylene, linear low-density polyethylene, very-low-density polyethylene, polypropylene, polybutene, poly-4-methylpentene-1, ethylene-vinyl acetate copolymer, ethylene-winyl alcohol copolymer, ethylene-methyl methacrylate copolymer, ethylene-α-olefin copolymer, 6-Nylon, 66-Nylon, polyethylene terephthalate, polybutylene terephthalate, polyvinyl chloride, polyvinylidene chloride, polystyrene, polyvinyl acetate, polyacrylonitrile, polycarbonate, and polyacrylate.
- 7. (New) The sheet according to Claim 1, where said sheet further comprises a thermoplastic elastomer.

- 8. (New) The sheet according to Claim 7, wherein said thermoplastic elastomer comprises a hard segment and a soft segment.
- 9. (New) The sheet according to Claim 8, wherein said hard segment comprises at least one member selected from the group consisting of styrene, polypropylene, polyurethane, and polyester.
- 10. (New) The sheet according to Claim'8, wherein said soft segment comprises at least one member selected from the group consisting of polybutadiene, polyisoprene, polyethylene, polybutylene, EPDM, EPM, polyether, and polyester.
- 11. (New) A method for manufacturing the sheet according to Claim 1, comprising mixing the resin (A) with the medical ingredient (B).
- 12. (New) A method for manufacturing the sheet according to Claim 1, comprising mixing the resin (A) with the medical ingredient (B), wherein said resin is dissolved in a solvent prior to said mixing.
 - 13. (New) A method for manufacturing the sheet according to Claim 1, comprising shaping said sheet with a T dye, an inflation apparatus, or a calendar.
- 14. (New) A method for manufacturing the sheet according to Claim 1, comprising kneading said resin (A) and said medical ingredient (B) at a temperature which the resin (A) is melted or higher, wherein said kneading is performed by a spun bond process or melt blowing process.
- 15. (New) A method for supplying a medical ingredient to skin or hair, comprising contacting skin or hair with a sheet comprising:
 - 100 parts by weight of a thermoplastic resin (A) and 0.01 to 200 parts by weight of a medical ingredient (B);



wherein

said sheet has a modulus of from 1 to 2,000 cN\10 mm when the sheet is stretched by 50%.

- 16. (New) The method according to Claim 15, wherein said sheet comprises no adhesive layer other than the sheet itself containing the ingredients (A) and (B).
- 17. (New) The method according to Claim 15, wherein said ingredient (A) is a polyolefin resin.
- 18. (New) The method according to Claim 15, wherein said medical ingredient (B) is at least one member selected from the group consisting of a moisturizer, a whitening agent, a UV absorber, a slimming agent, a circulation promoter, an astringent, an anti-inflammatory agent, a wrinkle-formation preventative agent, an ameliorating agent, a cooling agent, a warming agent, a hair remover, a hair growing agent, a hair-growth regulating agent, and a hair nourishing agent.
- 19. (New) The method according to Claim 15, wherein said thermoplastic resin (A) is at least one member selected from the group consisting of low-density polyethylene, high-density polyethylene, linear low-density polyethylene, very-low-density polyethylene, polypropylene, polybutene, poly-4-methylpentene-1, ethylene-vinyl acetate copolymer, ethylene-vinyl alcohol copolymer, ethylene-methyl methacrylate copolymer, ethylene-α-olefin copolymer, 6-Nylon, 66-Nylon, polyethylene terephthalate, polybutylene terephthalate, polyvinyl chloride, polyvinylidene chloride, polystyrene, polyvinyl acetate, polyacrylonitrile, polycarbonate, and polyacrylate.
- 20. (New) The method according to Claim 15, where said sheet further comprises a thermoplastic elastomer.